

Salford Priors Week of Kindness Sept 10-16 2017

Kindness Challenges

Day 1: Sunday 10th: Snacks Give-away!

Today is the first day of the 2017 Salford Priors 'Week of Kindness'! To get you all in the mood for the week ahead, enjoy a free snack on us when you collect your Sunday papers at the village shop today, or when you pop in to The Bell for a drink on Sunday evening (one per person, whilst stocks last!)

Day 2: Monday 11th: Give a Gift Day

Bless someone with a gift today! Could you surprise a friend, loved one or neighbour with chocolates, flowers or a special gift – maybe even something hand-made? Let's spread the love!!!

Especially for Kids: Could you make a card or gift to give away today?

Day 3: Tuesday 12th: Friendliness Day

Wave, smile, say something nice to someone you wouldn't normally talk to today. It's amazing how contagious a friendly smile can be - and you might brighten someone's day! Or perhaps you could call someone you haven't spoken to for a while, or get back in touch with an old friend. Go out of your way to be friendly today!

Especially for Kids: Invite someone you wouldn't normally play with to join in your game at playtime.

Day 4: Wednesday 13th: Appreciation Day

Today, let's make a real effort to show our appreciation for those around us – both family and friends and those who serve us in the community. For example, how about the post lady, refuse collectors, the local fire service, our Parish Council, or the person in the shop who serves you with a smile each time you go in? A little bit of appreciation can make someone's day – so think of someone that you appreciate and make sure that they know it! Tell them to their face, make a phone call or send a 'thank you' letter or card.

Especially for Kids: Is there someone who helps you each day that you would like to thank? Perhaps it's your classroom assistant who sets up and clears away after each lesson, or the cleaners who ensure that your classroom is nice and clean at the start of each day - or someone else? Write them a nice 'thank you' note to let them know that you appreciate what they do for you.

Day 5: Thursday 14th September – Care for our Local Environment

This one is for everyone, adults and kids alike: an opportunity to show that you care about our village environment and the people who live in it!

Today, let's get together as a community and do what we can to make our village even more clean, tidy and beautiful!

Join in with the 'village spruce-up' that is taking place between 5.00 pm and 7.00 pm: help with a litter-pick, brighten up the bus shelters and phone box or help to distribute flowers around the village.

Come along to the village hall car park to collect flowers, refuse sacks etc. between 4.30 and 5.15 - then pick an area of the village and make it look lovely!

Day 6: Friday 15th: Helpfulness Day!

Could you offer to do a job for someone in the village today? It might be that you could nip to the shop for them, wash their car, walk their dog, weed their garden or mow their lawn. Or could you fix something broken or offer a lift?

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Especially for Kids: Ask your teacher or your Mum if there's a job you could do for them today. Is there any litter in your street that you could pick up and put in the bin? Could you take your dog (or a neighbour's dog) for a walk? How about doing the washing or drying up, making a drink or tidying your room (without being asked)?

Day 7: Saturday 16th: St Matthew's Fun Day!

To round off the week, come and celebrate at the free Fun Day at St Matthew's church from 11 am to 2 pm today! A chance for the village to get together and have fun!

- Teddy tower
- Barbeque
- Cupcake Café
- Bouncy Castle
- Treasure Hunt
- Garden Games

Everything is FREE! Don't forget to bring your teddy!!